



**PROGRAMME OF THE FAM TRIP OF THE CULTURE AND GASTRONOMY WORKSHOP**

**5-6 May 2009**

**Cultural city breaks and discovery of the surrounding areas**

**DEFINITIVE PROGRAMME**

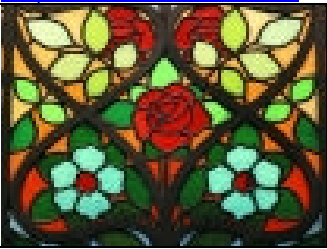
**Tuesday 5 May: TERRES DE LLEIDA – COSTA DAURADA**

	Breakfast and hotel check out
7:10	Meeting at reception and departure towards Sants Station
7:15	Transfer to Barcelona Sants Railway Station. <b>! The baggage will remain at the bus that we will meet again in Tarragona</b>
07:30	Arrival at Sants Station and check in to take the AVE high-speed train to Lleida
08:00	Departure by AVE 3082 high-speed train to Lleida (170 km 1h 3 min)
09:03	Arrival at Lleida
09:15	Transfer on foot through the commercial area to Plaça Sant Joan to take the panoramic lift up to the Seu Vella. <a href="http://www.turismedelleida.com">www.turismedelleida.com</a> / <a href="http://www.lleidatur.com">www.lleidatur.com</a>
10:00	Lleida visit: La Seu Vella and the museum  <i>The 12<sup>th</sup>-century castle sits proudly on top of a hill. Many of this sovereign premises' legacies have been preserved, and today it houses the Templars route information centre. The Lleida Diocesan and Regional Museum allows visitors to discover the city's history, from the first human settlements to today. La Seu Vella and the Palau de la Paeria are legacies of mediaeval Lleida</i>
11:30	Visit the romanic church of Sant Martí and the contemporanean art center of La Panera
12:00	Visit of the Museu de Lleida Diocesà i Comarcal C. Sant Crist 1; Lleida Tel. 973283075
13:30	Lunch in Restaurant Sant Bernard C. Saracibar 2; Lleida Tel. 973271031  <i>Lunch in a Lleida restaurant that forms part of the "Fruiñar" programme, the aim of which is promote the use of fruit produced in the region in dishes cooked in the city's restaurants</i>
15:30	Transfer on foot to Lleida Railway Station
16:05	Departure by AVANT 8167 to Tarragona (100 km 30 min – 18 PAX)
16:35	Arrival at Camp de Tarragona
16:45	Transfer to Tarragona city center
17:15	Check in Hotel Husa Imperial Tarraco




18:00	Visit to Tarragona a World Heritage city <a href="http://www.costadaurada.info">http://www.costadaurada.info</a> <a href="http://www.tarragonaturisme.cat/">http://www.tarragonaturisme.cat/</a>
	 <p>Tarragona is one of a network of Spanish World Heritage cities. It has a very important archaeological site, also listed as UNESCO World Heritage, which includes monuments like the Berà arch, the Scipios tower, the early Christian necropolis and museum, the villa at Els Munts, the Roman wall, the archaeological walk, the aqueduct of Les Ferreres, the Roman amphitheatre, the praetorium, the quarry at El Mèdol, the provincial forum, the Roman circus and the temple</p>
20:30	Dinner in Restaurant Palau del Baró <a href="http://www.palauedelbaro.com">www.palauedelbaro.com</a> C. Santa Anna 3; 43003 Tarragona Tel. +34 977241464
	Accommodation in Hotel Husa Imperial Tàrraco 4* Passeig de les Palmeres s/n; 43003 Tarragona Tel. +34 977233040 <a href="http://www.hotelhusaimperialtarraco.com">www.hotelhusaimperialtarraco.com</a>

### Wednesday 6 May: COSTA DAURADA – COSTA DE GARRAF

	Breakfast and check-out
09:00	Departure to Reus (15 km 20 min)
09:30	Visit to the Gaudí Centre and Casa Navàs in Reus <a href="http://turisme.reus.cat/">http://turisme.reus.cat/</a>
	 <p>From 1900, trade in Reus played a very important part in spreading Modernisme. The architect Domènech i Montaner left a very significant mark of Modernista architecture on the city of Reus. Some outstanding examples of this are Casa Navàs, Casa Rull, Casa Gasull and Institut Pere Mata</p>
11:15	Departure to El Vendrell (46 km 30 min)
12:30	Visit to the Pau Casals Villa-Museum <a href="http://www.paucasals.org/">http://www.paucasals.org/</a>  <i>Pau Casals is one of the most internationally renowned Catalans. Listening to him play a Bach cello suite is an unforgettable experience, as is his performance of the Cant dels Ocells ("The Song of the Birds"), a piece recognised the world over. The house where he was born, located on Sant Salvador beach and turned into a house-museum, has a series of audiovisual exhibits that allow visitors to find out more about the life of this musical genius</i>
13:30	Departure to Sitges (30 km 20 min)
14:00	Lunch in Restaurant Pic Nic Passeig Marítim s/n; Sitges Tel. 938110040
16:00	Guided visit. The guide will meet the group in the restaurant Modernista tour in Sitges <a href="http://www.sitgestour.com">http://www.sitgestour.com</a>



	 <p><b>Sitges</b></p> <p><i>Catalan Modernisme is a style that hospitals, convents, theatres, factories, private homes and summer homes were built in. The architectural style was adapted to a range of uses. It can be found all over Catalonia, though the most renowned examples of it can be found in Barcelona. In Sitges, visitors will be able to appreciate the universal nature of Modernisme, because the town was a meeting place for intellectuals at the end of the 19<sup>th</sup> and beginning of the 20<sup>th</sup> centuries: the Maricel de Mar Museum and Palace, the Cau Ferrat Museum, Casa Bonaventura Blai, the market, the town hall, Casa Pere Carreras and the Prado Theatre-Casino</i></p>
17:30	Departure to Sant Pau d'Ordal in Alt Penedès region (25 km 20 min) <a href="http://www.enoturismepenedes.cat">www.enoturismepenedes.cat</a>
18:00	Visit to a winery Albet i Noya <a href="http://www.albetinoya.cat">www.albetinoya.cat</a> Can Vendrell s/n; Sant Pau d'Ordal (Subirats) Tel: +34 938994812
19:00	Departure to Girona (140 km 1 h 30 min) <a href="http://www.ajuntament.gi/turisme/">http://www.ajuntament.gi/turisme/</a>
	Dinner & Accommodation in Hotel AC Girona Pujada Polvorins, 1; 17004, Girona Tel: + 34 872 080 670 / Fax + 34 872 080 671 <a href="http://www.ac-hotels.com">www.ac-hotels.com</a>

### FAMTRIP ORGANIZED BY:

TURISME DE CATALUNYA [www.catalunyatourism.com](http://www.catalunyatourism.com)



### WITH THE COLLABORATION OF:

PATRONAT DE TURISME DE LA COSTA DAURADA [www.costadaurada.info](http://www.costadaurada.info)  
 PATRONAT MUNICIPAL DE TURISME DE TARRAGONA [www.tarragonaturisme.cat](http://www.tarragonaturisme.cat)  
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