





PROGRAMME OF THE FAM TRIP OF THE CULTURE AND GASTRONOMY WORKSHOP
5-6 May 2009

The Romanesque: World Heritage

DEFINITIVE PROGRAMME


Tuesday 5 May: PIRINEUS – VAL D'ARAN

07:10	Meeting at reception and departure towards Sants Station
07:30	Arrival at Sants Station and check in to take the AVE high-speed train to Lleida
08:00	Barcelona Sants railway station: departure by AVE high-speed train to Lleida
09:05	Arrival in Lleida and departure by coach to Aigüestortes i Sant Maurici National Park (Pirineus) http://www.lleidatur.com/
09:15	Departure to Aigüestortes & Sant Maurici National Park (140 Km - 2h15)
12:00	Visit to Aigüestortes & Sant Maurici National Park http://www.parcscatalunya.net/  <i>The only national park in Catalonia, it has an alpine landscape with impressive relief and a wealth of flora and fauna. Water is the undisputed star, thanks to its almost 200 lakes and innumerable streams.</i> <p align="center">!! It is recommended to wear mountain boots for the walk in the National Park</p>
13:30	Departure to Taüll
14:00	Lunch at Restaurant El Fai C/Aiguals, 10 - 25528 Taüll Tel. 0034 973 696 212
15:45	Visit the World Heritage Romanesque churches of Sant Climent and Sta. Maria de Taüll. http://www.vallboi.com  <i>Features of Catalan Romanesque are its delicateness, simplicity and its integration into the landscape. A good example of this is the magnificent site at Vall de Boí – a UNESCO World Heritage site – with its eight small churches right next to each other. Their murals can be seen at the National Art Museum of Catalonia (MNAC), where they are preserved.</i>



16:15	Departure to Erill La Vall
16:30	<p>Visit of the Romanesque Center and the church of Erill La Vall C/ del Batalló, 5 - 25528 Erill la Vall Tel. 0034 973 696 715 www.centreromanic.com</p> <p><i>The Romanesque Center of Vall de Boí is currently in charge of managing the whole of the Romanesque heritage of the valley, which was declared World Heritage by UNESCO in the year 2000. The entity is not only in charge of the administration of the ensemble, but also of making it known to the public by means of the permanent exhibition at the Centre's headquarters, as well as the guided tours, the daily opening of the buildings and the edition of information materials.</i></p>
17:30	Departure to Val d'Aran (60 km – 1h30)
19:00	<p>Arrival Val d'Aran http://www.torismearan.org/</p>
	<p>Check in Hotel Casa Estampa C\Sortaus, 9 - 25539 Escunhau Tel. 0034 973 64 00 48 www.hotelcasaestampa.com</p>
20:30	Dinner in Restaurant Casa Estampa

Wednesday 6 May: VAL D'ARAN – PIRINEUS – CATALUNYA CENTRAL

08:00	Breakfast & hotel check out
09:00	<p>Visit to Aranese Romanesque churches of Santa Maria d'Arties and Santa Eulària. http://www.torismearan.org/</p>  <p><i>Among the 2,000 Romanesque buildings preserved in Catalonia – including civic buildings – Val d'Aran has several churches dating from the 8th and 9th centuries.</i></p> <p>!! It is recommended to wear mountain boots for the walk</p>
12:00	Departure to Sort (65 km / 1h15)
13:30	<p>Lunch in Sort, restaurant Hotel Pessets Diputació, 3 - 25560 Sort Tel. 0034 973 620 000 www.hotelpessets.com</p> <p><i>Lunch in a restaurant forming part of La Xicoia, a cookery collective created in 2003 to promote the use of local produce, cuisine and the territory they represent.</i></p>
15:15	Departure to Berga (Catalunya Central) (130 KM - 2H30)
17:45	<p>Visit to the Sant Quirze de Pedret church of the Berguedà region http://www.diba.cat/turisme http://www.turismeberga.cat/</p>



		<p>Berguedà is also full of small Catalan Romanesque churches and monasteries. Sant Quirze de Pedret is a supreme work of art of the Preromanesque architecture. The building was erected between the 9th and 10th Centuries with some contributions of Romanesque age. It contains reproductions of outstanding mural paintings of the 10th and the 12th Century.</p> <p><i>!! It is recommended to wear mountain boots for the walk</i></p>
19:00	Departure to Girona www.gjuntament.gi/turisme/	(160 km – 1h45)
	Check in and dinner at Hotel AC Girona Pujada Polvorins, 1 - 17004 Girona Tel. +34 872 080 670 / Fax + 34 872 080 671 www.ac-hotels.com	
	Dinner and accommodation in Girona	

FAMTRIP ORGANIZED BY:

TURISME DE CATALUNYA www.catalunyatourism.com



WITH THE COLLABORATION OF:

PATRONAT DE TURISME TERRES DE LLEIDA www.lleidatur.com

TORISME VAL D'ARAN www.torismearan.org

PATRONAT DE TURISME DE LA VALL DE BOÍ – www.vallboi.com

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